

MEDIACIÓN DE TEXTOS ESCRITOS

Apellidos:

Nombre:

DNI / NIE:

Señale lo que corresponda:

Alumno/a **LIBRE** / **OFICIAL**:

Grupo / Profesor:

INSTRUCCIONES PARA LA REALIZACIÓN DE ESTA ACTIVIDAD

- Duración: **40 minutos**.
- Debe escribir con **bolígrafo azul o negro**.
- Apague su **teléfono móvil**.
- Al finalizar, entregue **todas las hojas** utilizadas.

PUNTUACIÓN TOTAL: / 10

TASK (10 marks):

Your American friend's father has just retired and has plenty of time in his hands now. You have found this online article about 'bucket lists' (i.e. a list of things you want to do before you die, that is, before you 'kick the bucket'). You think the tips in the article might help your friend's father focus a bit.

Write a summary of the key ideas in the article USING YOUR OWN WORDS, as a reminder of what you want to tell your friend next time you talk on the phone.

Write approximately 125 words.

KILL YOUR BUCKET LIST

John Brandon

January 23, 2018

What do you want to accomplish in life? For some of us, it might be to start a family or to build up a successful career. What is typically on a 'before you kick the bucket' list is to climb a mountain or go hang-gliding on the ocean, mostly frivolous activities that will give you short-term pleasure. You want to do them 'some day', but they pale in comparison to doing something worthwhile, like helping a needy person. Here's my advice: make a 'reverse' bucket list.

Start by removing the things that are almost impossible. Climbing Mt. Everest is not that big of a priority. Things like buying a second home on an island are not really that rewarding - or practical. Those items won't give you a lasting sense of accomplishment. [...]

As far as the items to put first on the list, I'd do some soul-searching. Imagine you're in a hospital bed. Would you really list an ocean escapade? Not really. People in that situation usually think about loved ones. It's perfectly human. All of those typical bucket list items, like going on a cruise, have nothing to do with other people, usually.

Imagine what you will really feel remorse about in the end. One of my bucket list items is to go to Africa and hand out food to impoverished people. I'm not sure it will ever happen, but it's really high on my list. Another one is pretty simple: I want to go for a walk everyday with my wife. My list is full of things that are more about people than places.

Pick things that bring lasting joy, things you might regret *not doing* in life, something you'd think about in that hospital bed.

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